

your own personal measurement chart

Use this handy-dandy chart to record all your key dimensions

NECK

- 1 Natural neckline
- 2 Bust depth Left: Right:
- 3 Neck edge to waist Left: Right:

SHOULDERS

- 1 Shoulder length Left: Right:
- 2 Shoulder-to-shoulder at front
- 3 Shoulder-to-shoulder at back
- 4 Back width
- 5 Front shoulder slope Left: Right:
- 6 Back shoulder slope Left: Right:
- 7 Neck to waist Front: Back:

ARMS

- 1 Arm length/over arm Left: Right:
- 2 Biceps/upper arm Left: Right:
- 3 Armhole depth Left: Right:

BUST

- 1 Bust circumference
- 2 Upper bust
- 3 Under bust
- 4 Chest width

LEGS

- 1 Outer seam Left: Right:
- 2 Inseam Left: Right:
- 3 Waist to floor Front: Back:

WAIST AND HIPS

- 1 Waist
- 2 Abdomen
- 3 Hip circumference
- 4 Waist to abdomen Left: Right:
- 5 Abdomen to hip Left: Right:

CROTCH

- 1 Crotch length ... Total: Front: Back:
- 2 Crotch depth